

Baraga County Communities That Care (CTC) 2017 Year in Review



New CTC Office Space in L'Anse



If you've been wondering where our new office location is, wonder no more! We are located at 5 Baraga Avenue Unit #1 in L'Anse, MI. It is the white building on the corner of Baraga Avenue and Main Street. We share an entrance with Waves of Touch Massage and have a small conference area for meetings as needed.

There are no formal office hours right now, but please feel free to stop by and see if we're in. You can also contact CTC Coordinator Carrie Rich to set up an appointment (see back).

Hope to see you soon!

Risk Factor Vote

Our community voted on the top risk factors to address for youth in our county, based on the results of the CTC Youth Survey. Risk factors increase the likelihood of youth problem behavior, like substance use, violence, and delinquency.

Our community voted to address:

- Depressive Symptoms
- Low Perceived Risk of Drug Use

Next, we'll develop a plan to address these risk factors with evidence-based programs in Baraga County.



Thanks to those who voted!

CTC Out & About

We were at these 2017 events: Big Brothers Big Sisters Bowl For Kids * Lumberjack Parade in Baraga * Lake Trout Fest in L'Anse * Baraga County Spring Fling * Face Painting at Boo on the Bay in L'Anse * Drunk Goggle Obstacle Course at the Haunted House in L'Anse * Crave 21/ Rise Together event in Houghton/ L'Anse * Dodgeball & Game Night in Baraga * Movies in the Park in L'Anse * National Drug Take Back Day * Guiding Good Choices * Great American Smokeout * National Prevention Week * Out of the Darkness Walk in L'Anse * Ladies Night Out in L'Anse

Drug Take Back

We distributed messaging to support local law enforcement in promoting National Drug Take Back Day. This was part of a larger CTC effort, with coalitions in all 15 counties collaborating to distribute over 1,000 messages about this event. Learn more about the work of our UP CTCs, known together as UP Coalition Network, at UPprevention.org. Law enforcement collected 12 lbs. of drugs in April, and 18.3 lbs in October.



Out of the DARKNESSSM

COMMUNITY WALKS

American Foundation for Suicide Prevention

We raised \$7,000 for the American Foundation for Suicide Prevention at the Baraga County Out of the Darkness Walk on September 9th. This event also works to break the stigma around mental health issues, and provide a supportive environment for those impacted by suicide.



www.suicidepreventionlifeline.org

Contact Us

CTC Coordinator
Carrie Rich

Phone
906-201-4024

Email
BaragaCountyCTC@gmail.com

Website
BaragaCountyCTC.org

Facebook
[Facebook.com/
BaragaCountyCTC](https://www.facebook.com/BaragaCountyCTC)

Education

We worked collaboratively to provide evidence-based education in Baraga County, to reduce rates of youth problem behavior. Thanks to participating educators, parents, and youth!

Guiding Good Choices was provided to 18 families.

Botvin Lifeskills and other curriculum-based training provided to 338 students in Baraga/L'Anse Schools.

We obtained Signs of Suicide Program for L'Anse Middle and High Schools.

We are in the process of obtaining Signs of Suicide for Baraga Middle and High Schools.

Get Involved!

We are looking for community members to be a part of our CTC. There are three ways you can be part of our coalition:

Key Leaders ~ Leaders in Baraga County who spread the word about CTC and encourage community support

CTC Board Members ~ Parents, professionals, and youth who join a work and help tackle specific tasks; work groups meet once a month for about an hour

Volunteers ~ Help out at events without joining a work group

Our Mission:

To create a safe, healthy, desirable, supportive & diverse community that provides the protective factors which support our youth, families, community members & local organizations.