

**Baraga County Suicide Prevention Coalition
Meeting Minutes September 21, 2017 at 9 a.m.
BCMh Conference Center**

Present: Pam Dove, Sherrie Larson, Carrie Rich, Tim Marczak, Michele Serafin, Susan Berutti

Topic	Discussion	Follow-Up
Suicide Prevention Coalition Workgroup Description	<ul style="list-style-type: none"> • Work group description presented. Includes 5 phases of CTC and key tasks including: Train Members; Identify Resources; Develop Materials; Spread Awareness; Educate the Public. 	<ul style="list-style-type: none"> • Members to review proposed work group description (attached). Submit suggestions for improvement to Pam prior to next meeting.
Suicide Prevention Walk	<ul style="list-style-type: none"> • Participants: 100 walkers; 11 bikers. • Funds Raised: Nearly \$7,000 to AFSP. Additional local funds raised \$150. • Sponsors: Reviewed. • Marketing: All went well. Need more help getting posters out next year. Postcards did not have time on them. Add next yr. • Route: Walk better with elimination of track. Motorcycles liked scenic drive. • Road Closure: No problems. • Volunteers: 2 no shows at road crossings. Both areas were covered by standby staff. • Memorial Table: No concerns. • Resource Table: No concerns. • Fundraising Table: No concerns. • Registration Table: No concerns. • Set Up/Take Down: No concerns. • T-shirts: DID NOT ARRIVE for event. Have since arrived – delivering. Plan to sell extras \$10 a piece. Need to post on Facebook. • Beads: Many leftovers. • Thank You's to be sent to sponsors, donors, speakers, volunteers. List provided to CTC maintenance work group. • Ongoing discussion whether to continue with the American Foundation for Suicide Prevention OOTD Walk or coordinate our own walk. Pros and cons of staying with OOTD versus going out on own were discussed. • Cons include that we receive 50% of funds raised through OOTD walk for local use and that we can only spend funds raised through OOTD on AFSP approved programs and resources. Workgroup asked to review AFSP program and resource list (attached) to see if we will be able to utilize funds for ongoing programming through AFSP. Pam to obtain pricing of available AFSP programs, ongoing costs, and feasibility 	<ul style="list-style-type: none"> • Post leftover t-shirts on Facebook for sale \$10 each. • CTC maintenance workgroup to send thank you's to donors, sponsors and volunteers. Pam provided list to maintenance workgroup chair.

	<p>of sustaining for use in future decisions.</p> <ul style="list-style-type: none"> • Pros include national recognition of event, marketing support, signage, money handling and registration process are streamlined through AFSP. • Consider fundraising on the side and keeping those funds for local use. Can this be addressed by CTC funding workgroup? Should it be done through CTC versus Suicide Prevention workgroup? • Total funds raised through AFSP to date, near \$30,000. 50% stays local. Near \$15,000 available for local use at this time. 	
<p>Program Plan for Year</p>	<ul style="list-style-type: none"> • Online survey was sent out and completed by 21 community members. Survey results attached. Much interest in the following AFSP programs: More Than Sad, Applied Suicide Intervention Skills Training (ASIST), Mental Health First Aid (MHFA), and the Interactive Screening Program (ISP). • School counselors are provided with a binder filled with suicide prevention and postvention resources, including Model School District policy and the toolkit for schools after a suicide. BHS requests additional information on LGBTQ resources. • Suicide Prevention Walk: Completed. See above. • Care Packages: In progress. See below. • Lending Libraries: In Progress. See below. • Signs of Suicide: In progress. See below. • More Than Sad: BHS interested in offering inservice for school personnel. Also, considering parent inservice on parent-teacher conference evening. Michele is willing to present. Workgroup can assist as needed. Next inservice November 8th. • ASIST: 11 interested so far. Work with AFSP and Dial Help to coordinate. Need to promote. • MHFA: 4 interested so far. KBIC offering 2 in October. Provide CCCMH the names of those who signed up so far. Work with AFSP and CCCMH to coordinate if additional interest. • ISP: KBOCC interested in program in past. Pam to follow up with Terry D. Can we offer in local businesses? Cost and feasibility of program to be reviewed. 	<ul style="list-style-type: none"> • Pam to follow up with AFSP re: initial and ongoing cost of programs and feasibility/sustainability. • Pam to look into AFSP LGBTQ resources for BHS. • Pam to follow up with schools re: More Than Sad presentation for parents and school personnel. • Pam to follow up with AFSP re: use of funds for local ASIST and MHFA. • Pam to provide list of names of those already interested in MHFA to CCCMH for upcoming trainings offered by KBIC in October. • Pam to follow up with AFSP re: ISP for employers. • Pam to follow up with Terry D. re: ISP at KBOCC.

Signs of Suicide	<ul style="list-style-type: none"> • Baraga Area Schools in need of updated version of SOS. • L'Anse Area Schools plans to implement SOS this year. 	<ul style="list-style-type: none"> • Pam has emailed AFSP re: obtaining updated version of SOS for BHS. • Pam to follow up with Heather Greutz for update on SOS at LHS.
Lending Libraries	<ul style="list-style-type: none"> • Tim Marczak may have funding source for lending library materials. 	<ul style="list-style-type: none"> • Tim Marczak to follow up with funding source and update work group.
Care Packages	<ul style="list-style-type: none"> • Final draft of letter presented along with order form. No additional comments. • Will need to put together care packages for mailing. Consider date/time for compiling. 	<ul style="list-style-type: none"> • Pam to print care packages and order forms. • Care packages to be compiled. • Mail care packages by October 31, 2017.
Support Group	<ul style="list-style-type: none"> • Poor attendance. Continue to offer. Now requesting registration. 	<ul style="list-style-type: none"> • Continue to offer once a month.
Miscellaneous	<ul style="list-style-type: none"> • Mobile Crisis Response team available to school in crisis. • Dial Help screens students weekly and assistance is provided to youth ≥ 14 years of age and <14 with parent. Transportation to therapist in Houghton is an issue. Is there a local therapist or can the Houghton therapist come to Baraga county at regular intervals? 	<ul style="list-style-type: none"> • Pam to follow up with Brian Rendel re: accessibility of therapist to students in Baraga County.
Next Meeting	<ul style="list-style-type: none"> • Please plan to attend as attendance is crucial to the success of the coalition. 	<ul style="list-style-type: none"> • Save the Date: Wednesday, December 14, 9 a.m. at BCMH Conference Center

Respectfully submitted by:
Pam Dove, MS, RDN, CDE
Baraga County Suicide Prevention Coalition, Chair